

FFT clinicians work relentlessly to strengthen family relationships so that “family” becomes a place of belonging and value.



Call today to see if you and your family are eligible.

For more information or to make a referral to FFT please call:

**Amy Nortrom
Juvenile Community Justice
(541) 322-7638**



Sponsored by
Deschutes County Juvenile
Community Justice



What?

Functional Family Therapy (FFT) is an effective, short-term evidence-based family counseling service designed for 12-to-17-year-old youth who are at risk or have been referred for behavioral or emotional problems.

- FFT clinicians work with a young person's entire family and extra familial influences to facilitate positive growth and development.
- Clinicians meet with the whole family within a 3-5 month time frame across 12-16 sessions for average cases. Frequency and duration are matched to youth and family needs rather than a one-size-fits-all.
- It's Free

Why?

Our effectiveness stems from the idea that families are not identical—they all have a unique set of circumstances, so our treatment plans are individualized to fit the specific needs of youth and their families.



Common challenges addressed during the FFT process could include:

- Behavioral concerns at home or school
- Struggles with substance abuse
- Relational conflict between family members or with peers

FFT might be for you...

When?

Once a referral to our FFT program is received, a clinician will be assigned to you and will contact you to discuss the engagement process further. We look forward to connecting with you and your family.

For more information or to make a referral to FFT please call:

**Amy Nortrom
Deschutes County
Juvenile Community
Justice
(541) 322-7638**