



Deschutes County Health Services

Public Health Advisory Board

MINUTES

September 24, 2014

12:00 – 1:30 p.m.

Stan Owen, Deschutes County Health Services

Item	
Facilitator	Jock Pribnow, Chair
Meeting Coordinator	Tom Kuhn
Scribe	Lisa Michael
Next Meeting	October 29, Health Services, Stan Owen

Agenda Items/Discussion/Motions

Topic and Lead	
1	<p>Introductions and Approval of Minutes from July Meeting</p> <p>Katrina motioned to approve the minutes with a second from Charla. Unanimously approved.</p>
2	<p>Brief Announcements & Unfinished Business</p> <ul style="list-style-type: none"> • Jock heard from the state hearing officer that they received the public comment from PHAB on SB 1531, which should be finalized sometime this week. • Crook County recently became accredited by the Public Health Accreditation Board. • A ribbon cutting ceremony for the newly dedicated Wilson House will be held at the Redmond Chamber of Commerce next week. • Tom warned of the blue green algae at Wickiup Reservoir and not to swim there. It's toxic to humans and animals! • The Bend Bulletin recently published an article on the new SBHC building in Sisters and the combination of services they will be offering, including mental health and dental care. The Board discussed visiting the clinic and conducting one of their monthly meetings there. • Sisters Measure 9-101 to allow MMD's is coming up for public vote soon. Jessica's comments are being reviewed. • Susan noted that the OSU campus received a 3 year grant for infrastructure development and staff training for health & mental health issues. • Kim commented that Commute Options is holding its second annual drive less challenge for a period of two weeks. They will be giving away some great prizes including a foldable bike as the top prize. • Tom announced that the next meeting is scheduled for October 29th (one week later than usual), since neither Jock nor Susan will be available to facilitate the meeting during the normally scheduled time. • Tom passed out a list of task force recommendations required by the legislature. He briefly went over each element and noted that we already share services between multi-jurisdictions and partnering organizations. Surprisingly, the task force did not mention anything about BH services, only PH. • James Sallis, Ph.D, a professor of family and preventive medicine from the University of California at San Diego, will be giving a presentation on the obesity epidemic in this country at the OSU-COCC campus on October 10th and also at the Environmental Center for local health professionals. Tom will follow-up via email to the Board with more information.

“To promote and protect the health and safety of our community.”

3	<p>CCO Update</p> <p>Kate gave an update on the CCO and remarked that the State announced some new measures focusing specifically on effective contraception, tobacco cessation, dental sealants and child welfare assessments for those who come in contact with DHS. Two previously required measures have been dropped from the program: ADHD and elective delivery methods. An unfunded state mandate requires local clinics to implement the SBIRT program in order to assess patients for drug and alcohol abuse. With the ever increasing number of substance dependency and the short supply of staff that provide these services, Kate mentioned that only 50% of clients will seek any kind of treatment. This in turn, makes for a difficult balancing act attempting to treat patients and accomplish what is needed so providers are paid for their services. Kate also discussed the need for well visits for patients in the 12-21 year old age bracket. A lot of parents are foregoing these visits until medically necessary. Medicaid is attempting to persuade patients to seek care on a regular basis; however, coverage for well visits is only paid for every other year. Should there be a policy measure around well visits since providers are not making this a priority? Kate asked if the Board wanted to offer guidance to the CCO and Health Council by making recommendations.</p>
4	<p>Urban Growth Boundary Planning Process</p> <p>Brian Rankin, City of Bend Senior Planner, submitted a 20-year projected outlook to the Board on the population growth in and around Bend. Brian, along with other planning staff, has been working diligently to address the impact of urban sprawl by conducting studies on infrastructure, public transportation, employment opportunities and affordable housing options, all while attempting to maintain a strong diverse economy, keeping connections to recreation and great mixed-use neighborhoods. Since Bend is quickly becoming an extremely popular and fast growing community, Brian has been developing a project summary on how Bend should grow into the next phase of the urban growth boundary expansion. With this continued growth, the City has an opportunity to develop a plan which not only reflects community objectives, but also meets state planning requirements. This two-year process is scheduled to end in April 2016 and will address these requirements established by the LCDC, while also answering questions about efficient land use and infrastructure costs, among other factors. Brian asked the Board to debate any health related issues that may need consideration before adoption of the plan. He spoke of water and air quality, access to health care and transportation services. Tom suggested that Brian update the Board at a future meeting.</p>
5	<p>Young Adult Hub</p> <p>Damien Sands, Executive Director of WEBCO, presented a slideshow on the Young Adult Hub, a program designed to provide mental health and associated services to young adults 14 to 25 years old. Damien explained that the Hub was modeled after a concept introduced in Australia and is centered around youth residing here in the tri-county region. He also noted that 75% of all mental health issues manifest before the age of 25. Suicide in Oregon is one of the top 10 killers and #2 amongst young adults. Patients are assessed through a procedure called the Client Process Monitoring System, a method which furnishes the provider with a snapshot of every person in a particular age range with a mental health issue. Only 50% of youth that exhibit severe and persistent mental health challenges graduate from high school. Seventy percent of youth that are incarcerated face these same mental health challenges, while 25% experience function impairment as a result. Two main obstacles youth face when seeking treatment are misdiagnoses and conflicting roles of the service providers, which increases their chances for homelessness, imprisonment or suicide. Damien presented a comparison graph of recorded mental health episodes (where we are now) and our target destination (where we want to be). Three key service target areas are working with youth that have spent time in a state or local care system and as a result exhibit poor life coping skills, EASA referred clients who have been diagnostically screened out, and those who have severe mental health issues that place them at risk for suicide, homeless or incarceration. Kathy Christensen spoke about the downtown clinic, which was specifically designed to assist young adults and act as a safe haven. These youth were involved in the planning and design of this center.</p>

“To promote and protect the health and safety of our community.”

6	<p>Deschutes County Wellness Program Update</p> <p>Juli Huddleston, a Registered Dietician and Deschutes County Wellness Coordinator, offers nutrition counseling, fitness training and tobacco cessation services to county staff. She is located in an office just outside the DOC pharmacy and is a full-time employee of Medcor. She earned a Master’s degree in nutrition from Tufts University, Friedman School of Nutrition and a Bachelor’s in Exercise Science from Linfield College. Juli continually teams up with Commute Options to develop a monthly wellness challenge and can develop an individual health plan for any staff member who may be interested. Juli will return to speak again with the Board at a future date.</p>
7	<p>Adjourn at 1:36 p.m.</p>

Board Members present: Jock Pribnow, Susan Keys, Holly Remer, Mike Shirtcliff, Katrina Wiest, Kim Curley Reynolds, Lorie Weber, Charla DeHate and Kate Wells

Staff Members present: Tom Kuhn, Kathy Christensen and Lisa Michael

Guest Speaker(s): Brian Rankin (City of Bend), Damien Sands (WEBCO) and Juli Huddleston (Deschutes County Dietician)

- | | |
|---|--|
| SB – Senate Bill | BHAB – Behavioral Health Advisory Board |
| SBHC – School Based Health Center | MMD – Medical Marijuana Dispensary |
| OSU – Oregon State University | BH – Behavioral Health |
| PH – Public Health | OSU-COCC – OR St Univ/Central OR Comm College |
| CCO – Coordinated Care Organization | DHS – Department of Human Services |
| ADHD – Attention Deficit Hyperactivity Disorder | WEBCO – Wellness Education Board of Central OR |
| EASA – Early Assessment & Support Alliance | DOC – Deschutes On-site Clinic |
| SBIRT – Service, Brief Intervention, Referral & Treatment | |
| LCDC – Land Conservation & Development Commission | |