Substance use is associated with higher rates of all-cause mortality and chronic disease. Heavy substance use is also a risk factor for motor vehicle fatalities, fetal alcohol syndrome, interpersonal violence, overdose, and STIs. Research suggests that the earlier in life that a person begins to use substances, the more likely he or she is to develop serious problems with addiction.

Substance Use Data

Deschutes County and Central Oregon

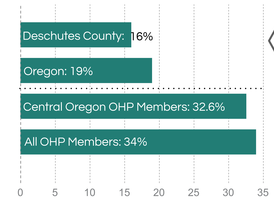
Tobacco Use

18500 Deschutes County residents regularly smoke cigarettes

Nearly **5000** Deschutes County residents have a serious illness caused by tobacco

Tobacco causes approximately **250** deaths in Deschutes County each year

Tobacco Use: Adults

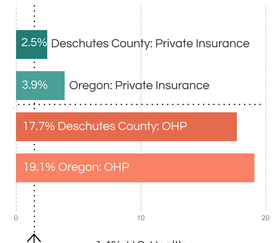


Percent of adults who smoke cigarettes

! Nearly one in three adult Central Oregon OHP members smoke cigarettes.

Cigarette smoking among adults in Deschutes County is lower than in Oregon as a whole.

Tobacco Use: Pregnant Women



Percent of Pregnant women who smoked

! In Deschutes county, 7 times as many pregnant women enrolled in OHP smoked compared to those pregnant women with private insurance

Only 65% of pregnant Central Oregon women said their providers discussed how smoking could affect their baby.

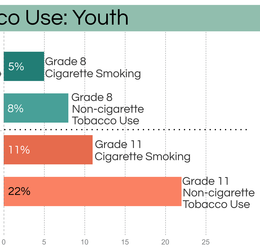
Smoking among pregnant women is lower in Deschutes county than in Oregon

Tobacco Use: Youth

Percent of Deschutes Co. youth who use tobacco

Tobacco use is higher among 11th graders than 8th graders in Deschutes County.

Twice as many Deschutes County 11th graders are using non-cigarette tobacco products compared to cigarettes.



Alcohol Use

Adults

1 in 5 Deschutes County adults repted binge drinking in the past month.

Children and Adolescents

1 in 20 6th graders

1 in 5 8th graders

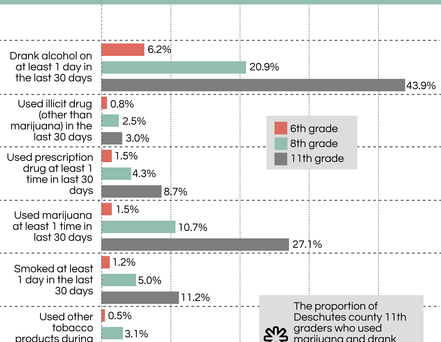
2 in 5 11th graders

in Deschutes County reported drinking alcohol at least once in the past month.

1 in 20 Motor vehicle crashes in Deschutes County had alcohol as a contributing factor.

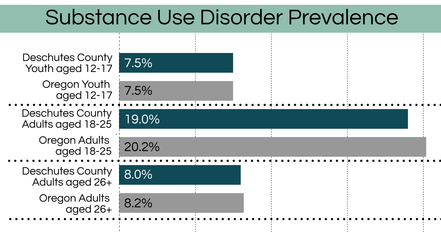
1 in 3 Motor vehicle crash fatalities were considered alcohol-impaired in Oregon.

Youth Substance Use



The proportion of Deschutes county 11th graders who used marijuana and drank alcohol was higher than 11th graders across Oregon.

Substance Use Disorder Prevalence



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