

# Guidelines For NOROVIRUS IN SCHOOL



## *What It Is What To Do*

*Noroviruses cause acute gastroenteritis with symptoms of nausea, vomiting, diarrhea, cramping and low-grade fever. Noroviruses are transmitted through the fecal-oral route, by eating contaminated food or water, direct person-to-person spread or environmental contamination.*

- Possible single source outbreaks are reportable. Call your local Health Department at (541) 322-7418.
- Norovirus is spread during illness and up to 72 hours after recovery.
- Symptomatic employees and students should remain home for 2-3 days after end of symptoms.
- Stress the importance of good hand washing.
- Clean surfaces including:



- Tables/Desks
- Chairs
- Counters
- Light Switches
- Doorknobs
- Drinking Fountains
- Toilets
- Faucets
- Sinks
- Bathroom Stalls
- Hand rails
- Lockers
- Elevator Buttons
- Phones
- Computers
- Aprons
- Uniforms
- Cafeteria Surfaces

- Wipe down **all** common hard surfaces with a bleach solution of 1000 PPM (1/3 cup per gallon water). Use 5000 PPM (1-2/3 cups) to clean vomit or diarrhea. **Use a normal solution of (100 PPM) on direct food contact surfaces.**



For more information go to:

<http://www.cdc.gov/norovirus/index.html>

