

Dear, **[Insert teacher name]**

You are receiving this letter because you have one or more students who are medically fragile. As you may have heard, our school/daycare is having an outbreak of influenza or “flu”.

As an educator/caregiver, you play a critical role in preventing and managing outbreaks. Given the increased risk of complications for some of your students, we want you to have the information you need to prevent the spread of influenza.

If your medically fragile students have flu symptoms, encourage the parent or guardian to have the student visit their healthcare provider. They may be prescribed an antiviral medicine.

Please review the Flu Background sheet and the additional information below, encourage preventive actions in your classroom and monitor student illness and absences.

If you have questions, concerns or need help, please contact the school nurse or **[insert county name]** at **[county phone number]**.

Thank you for your commitment to the health and safety of our students!

[Signature line]

Who is at a higher risk of flu complications?

- Children under the age of 5, especially those younger than 2
- Children with chronic health conditions such as:
 - asthma,
 - diabetes,
 - neurologic and neurodevelopmental disorders,
 - chronic lung disease (such as cystic fibrosis),
 - heart disease,
 - blood disorders,
 - endocrine disorders,
 - kidney or liver disorders,
 - morbid obesity, or
 - metabolic disorders
- Children with suppressed immune systems such as:
 - Children receiving cancer treatment,
 - Children with human immunodeficiency virus (HIV),
 - Children on chronic steroid therapy, or
 - Those with other immunosuppressive disorders

